



Communiqué – January 25, 2010

A Reminder from the Nurse

Parents must come and pick up their children if they have a temperature of 100 degrees and/or flu-like symptoms. All students and staff who have been home with a fever of 100 degrees and flu-like symptoms must be free of fever for 24 hours, without any type of fever reducing medications, before they can return to school or work. Thank you for helping keep our school healthy!

Thursday Hot Lunch Program

If you would like your child to participate in the hot lunch program but are unable to afford it financially, we have a limited amount of scholarship meals available. Please contact Miss Trezise at 970-243-1771 or k.trezise@caprockacademy.org.

Thursday, January 28, 2010

Restaurant: Famous Dave's

Meal: BBQ pulled pork sandwich, pudding and a drink.

Cost: \$3.25 Cash only and please pay each individual child's teacher.

DATES TO REMEMBER IN JANUARY:

January 25 – WAIT training meeting for 4th, 5th and 6th grade parents – 6pm in 9th grade Humanities room

January 26 – Accountability Committee – 3:30 p.m. in Science room.

January 26 – Community Service opportunity – Goodwill from 3 to 5 p.m.

January 29 – School on Skis at Powderhorn Ski Area.

Soles4Souls - Haiti Shoes Donation

Thank you for your generosity! We were able to donate 620 pairs of shoes to Brown's Shoe Fit Company who will ship the shoes to Haiti.

Schools on Skis

Please remember to sign up in the office by Tuesday the 26th for Skiing/snowboarding Friday the 29th.

Here is the pricing: (this is for each time)

Full day lesson, lift ticket and rental \$45.00 (only new skiers and snowboarders will do this)

Half day lesson, lift ticket and rental \$40.00

Half day lesson, lift ticket or rental \$37.00

Half day lesson only \$30.00

Helmets \$5.00 (we strongly encourage helmets)

Parent lift tickets will be available for \$30.00 with rentals \$15.00 (parents can do the lessons and get the same price as the kids).

Please pay in full when you sign up and make checks payable to Powderhorn. When you sign up, we will send home the detail of when to arrive, etc. The rest of the dates are: February 5th, 12th and 26th. If you have any questions, please contact Mrs. Dollar at 263-0496 or j.dollar@caprockacademy.org, or Mrs. Miller-Forrest at n.miller-forrest@caprockacademy.org
Hope to see you there! Mrs. Dollar

Language Flash Cards

Mrs. Hedda Marg, the after school German teacher, created flash cards that have the German, Spanish, English and Latin words for numbers 0-31. The set includes two sets of cards so students may play concentration or review the numbers in the different languages with a partner. If you are interested in purchasing a set, they are available in the school office for \$5.00.

BUNDLE UP PLEASE!

As winter has arrived, please remember the Child Care Weather Watch system we use which is endorsed by the Colorado Dept. of Education and the State Health Dept.

When it is 30-40 degrees, students must have a coat to go outside. When it is 20-29 degrees, students must have a coat, hat and gloves to go outside and are limited to 20 min. of outside exposure. When the temperature is below 20 degrees, students are not allowed outside to play.

Like to Play Co-Ed Softball?

We are looking for Caprock parents to form a CAPROCK co-ed softball team. This is a great opportunity for us to come together as a group, meet new people, and have a lot of fun. Several gentlemen have signed up, but we need ladies, too! This is purely recreational opportunity and it is a great way to get to know other Caprock parents.

We only have room for 12 people so it will be first come first serve. First season starts March 28 and the registration deadline is March 12.

For more information or to add your name to the list, please contact Tim or Nicole Bentley at 970-773-0335.

PLAY BALL!!!

Another great offer from Box Tops!

General Mills and the Box Tops for education program is now offering another great promotion. All you have to do is...

- Register online at www.rewardyourschool.com with you grocers Shoppers Card number (i.e. your City Market value card)
- Select your school
- Receive 5 Bonus Box Tops just for signing up (that is a \$.50 value)

Every time you participate in one of the offers on this site and purchase the required participating products, Caprock will receive Bonus Box Tops. This is a great way to boost our Box Tops fundraising with very little effort! Please go to www.rewardyourschool.com for more details.

If you have any questions about this, or other Box Tops offers and promotions, please contact me at the below email address.

Thank you!

Angie Ingalls

Caprock Academy Box Tops Coordinator

Jingalls@bresnan.net

THANK YOU!

Thank you to Deb U-Ren who headed up the Spaghetti Supper/Silent auction fundraiser for the 8th/9th grade trip to Washington D.C. Thank you to the 8th/9th parents and students who volunteered their time and energy to make the supper and silent auction a great success!

Community Service Needs Your Help!

The Community Service Committee is requesting donations for new or used bags. These can be any size, from overnight bags and backpacks, to suitcases. Mrs. Vidmar and Ms. Hutto's Goal hour classes will be decorating luggage at the end of February for Ariel Foster Care. These bags will be used for the children to carry their belongings. The bags can have stains since the kids will paint them. Please contact Melissa Werkmeister at: werkme@q.com or (970) 210-0048. If you have a bag, bring them into the school office.

COMMUNITY SERVICE OPPORTUNITIES

OPERATION PAL -PRAYERS AND LETTERS FOR INJURED MARINES

Please help us offer support and encouragement by sending cards and letters to the Marines who have been injured while serving in combat zones.

Where and When? Goodwill conference room Tuesday, January 26, 2010 from 3 to 5 p.m.

What? Students will be making valentines or writing letters.

Who? Students and parents are encouraged to attend, please bring any paper or various art supplies.

If you have questions, contact Kendi Sisac at 270-6180 or Kendra@monumenthomesgj.com.

Roses at Mesa View

Friday, February 5, 2010; 10:30am at Mesa View Retirement Home. Help us make Hershey Kiss roses for the residents. They loved them last year. We could especially use older kids to help, but younger kids will have plenty to do as well. Contact Kristi Ballif with any questions kristiballif@me.com

THANK YOU!

Thank you to the Cart family who came on Friday and helped move the administration offices around to better accommodate our growth!